

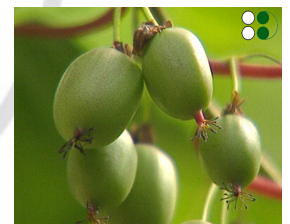
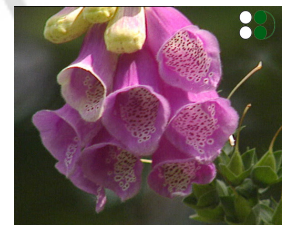


The forests of Vallombrosa

Directed by: Massimiliano Sbrolla
Produced by: SD Cinematografica
Duration: 12'
Versions: 
Format: SD

There's a place where the cure of every disease is always close at hand. An authentic natural pharmacy which is open in all the seasons of the year. This is the wood. Here, in the form of leaves, branches and bark, we can find all which is necessary for our health.

Modern medicine has a lot to learn from the forest and from popular medicine. The list of the curative plants which are known, or under study is thus boundless. Around 300 of these, subdivided according to their properties, (balsamic, astringent, laxative, anti-fever, diuretic, and vitamin bearing), are to be found in the Arboretto of Vallombrosa, a tree and shrub reserve unique in Italy, on the slopes of Pratomagno.



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