
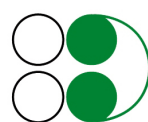




Precarpathia

Directed by: Mariusz Michal Daż
Produced by: SD Cinematografica
Duration: 26 min.
Versions: 
Format: HD

The documentary explores the rich natural, cultural, and traditional tapestry of the Precarpathian Voivodeship, a region located in the southeast of Poland, bordering Ukraine and Slovakia. Characterized by an extensive expanse of woods, forests, and national parks, this area serves as a sanctuary for a diverse range of wildlife, including European bison, deer, bears, wolves, and numerous bird species, making it a paradise for nature lovers and ornithologists. Precarpathia is distinguished by its rolling landscape that ascends towards the Carpathian Mountains and its rich history, evidenced by architectural marvels such as the Lancut Castle and the baroque monastery of the Bernardine friars in Leżajsk, home to a remarkable monumental organ. The daily life of the inhabitants reflects a deep bond with nature and traditions, as demonstrated in the documentary through the activities of Irena, a local woman engaged in mushroom gathering and the preparation of traditional foods, including the \"Kapuszniak\" soup and other dishes made with locally grown vegetables like cabbage. The documentary highlights the celebration of traditional holidays, such as the Feast of the Assumption, and the importance of local craftsmanship, including the ancient art of wicker basket weaving, which, despite facing modern challenges, continues to be valued. The production of honey from bees thriving in a minimally industrialized environment and the residents' affection for traditional agricultural practices, like the manual milking of cows and ancient baking methods, exemplify the uniqueness of life in Precarpathia. Through interviews and narratives, the documentary celebrates the traditions, culture, and deep connection with the land of this Polish region, offering an intimate view of a way of life that, even in a modern world, keeps its historical and cultural heritage alive.



sd cinematografica

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