




The summits of the soul

Directed by: Paolo Sodi
Produced by: SD Cinematografica
Duration: 24 Min.
Versions: 
Format: HD & UHD

As the summer season gives way to winter, the lives and rhythms of two high-altitude mountain huts intersect in two regions of Italy. The first is located in Valle d'Aosta, at an elevation of 2,500 meters, where Francesca Zanivan and her husband Stefano—who practices fly fishing on the Lussert lakes—have built Rifugio Grauson, which they manage with their family and occasional collaborators. In the autumn of 2024, Francesca, expecting her third child, helps her husband organize the hut before returning to Cogne (where the family spends the winter). The hut will remain closed until the arrival of the new season. Rifugio Grauson is only accessible by helicopter, the same means of transport that Francesca and Stefano use to move and bring down food supplies and personal belongings. The second hut is located in Veneto, at 2,752 meters, overlooking the Dolomites above the Passo Falzarego, halfway between Cortina d'Ampezzo and Val Badia. Here, Tamara and her brother Mattia are preparing to open the doors of the historic Rifugio Lagazuoi, which they manage with their family while implementing technological improvements to protect the environment and ecosystem. The two young managers have inherited the legacy of their grandfather, an alpine guide who began building the hut in 1963.



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